



DIOCESAN WORKSHOPS AND EVENTS

April 2019

PARENTING TIP OF THE MONTH: Parenting Tip 111 - April ushers in spring with its new growth and warmth and this year the celebration of Easter. Easter reminds each of us of God's infinite love, that after suffering comes the joy of the Resurrection and that God will never abandon His people. Help your children understand that Easter is so much more than the Easter Bunny; it is our moment of Salvation. God can be a constant stabilizing force in your children's lives if they learn to rely on him, so teach them how to pray, how to talk to God and how to embrace the gift of faith we celebrate this Easter.

Grief Relief - Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you wondering if these feelings are normal? You are not alone! "Grief Relief" – is a six week educational and support series dealing with grief, offered on Wednesdays, April 24 to May 29th at the Chancery Office, Hamilton, from 7:00 – 8:30 p.m. Facilitator: Karen Hulley, RP. Cost is \$35. You are free to attend all sessions, or any one or more as you are able. To register call the Family Ministry Office: 905-528-7988 ext. 2249, or go to www.hamiltondiocese.com.

Diocesan Wedding Anniversary Mass June 9, 2019 - Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2019? If you are, join couples from across the Diocese of Hamilton for a Mass on Sunday, June 9, 2019 at the Cathedral Basilica of Christ the King at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Please refer to the poster in the back of the church for information on how to register for the celebration, or go to www.hamiltondiocese.com.

Friday Night Support Group for Persons Separated or Divorced - Would it help you to have people around you to understand what you're going through? Would you like to hear some ideas that will encourage you and help you to develop new ways of coping with the stresses in your life? This Support Group meets the 1st and 3rd Friday of each month. No need to register just come and join us at the Chancery Office at 700 King St. West, Hamilton from 7 – 9 p.m. For more information call 905-528-7988 ext. 2249. There is NO COST.

Struggling from an Abortion Experience – There is Help - Are you struggling with an abortion decision – either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is a ministry of healing for any person suffering pain or problems from an abortion experience. This confidential service allows people to work through their feelings and find hope and healing. Please contact us at 905-526-1999 or toll free at 1-888-385-3850.

Are you Getting Married? The Diocese of Hamilton offers three education options for those marrying: Marriage Preparation, Catholic Engaged Encounter, or Remarriage (where one or both people have been previously married). Find out more about these options on the Diocesan website at www.hamiltondiocese.com. The first step after engagement is to meet with your parish priest; then book one of the marriage preparation options. Book your course early to avoid issues finding a date that works for you.

Fighting poverty is big business. But who profits the most? Join us March 19th at 7:30pm at St. Michael's Church, 80 University Avenue West, Waterloo, for the screening of the film *Poverty Inc.* Drawing from over 200 interviews filmed in 20 countries, *Poverty, Inc.* unearths an uncomfortable side of charity we can no longer ignore. For more information visit: <https://hamiltondiocese.com/chancellor/library/reeljustice>

Join us for a special screening of the film *Pope Francis: A Man of his Word*. Written and directed by Academy Award nominee Wim Wenders, the film provides a personal journey, combining archival footage with direct interviews with Pope Francis in which he responds to questions about death, social justice, immigration,

ecology, wealth inequality, materialism, and the role of the family. April 9, 2019, 7:00pm at Holy Rosary Parish, 175 Emma Street, Guelph. For more information visit: <https://hamiltondiocese.com/chancellor/library/reeljustice>.